

Team Building Worksheet #1

Featuring 6 super quick, super simple, fun team activities to aid communication and team bonding at work

Team Task 1)

Create a company coat of arms.
In space #1 draw a company value,
#2 a recent achievement,
#3 the future of the business.
Present to the other teams and proudly display on the office wall.

Team Task 2)

As a team, compose and perform a commercial for your company.

Team Task 3)

Find something that everyone in your group has in common.

Team Task 4)

Find a question to which everyone in your group can give a true answer that is unique to them.

Team Task 5)

Whose line is it anyway? Take 5 inanimate objects from around the office and place them in the middle of the room. Each team concocts and presents an alternative use for each object.

Team Task 6)

Battle of the Air-bands! This one requires a day or two rehearsal time and you'll need speakers and an MP3 player! Each team selects a song/ video of their choice. Allocate roles for singers/ drummers/ guitarists. Practice your moves and lip-syncing and ...Perform! Prizes for the best.

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